

Click [HERE](#) to read about REP protocols for indoor rowing

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mornings		Open: 6:00am - 8:00am		Open: 6:00am - 8:00am		Open: 9:00am - 11:00am	Open: 8:00am - 10:00am Juniors: 10:30am - 12:30pm
Afternoons	Juniors: 4:30pm - 6:30pm Open: 6:45pm - 8:45pm		Juniors: 4:30pm - 6:30pm Open: 6:45pm - 8:45pm	Open: 6:00pm - 8:00pm	Juniors: 4:30pm - 6:30pm		