



ATHLETE MENTOR PROGRAM

What is the ERC Athlete Mentor Program?

The Edmonton Rowing Club (ERC) Athlete Mentor Program is a way to connect those who are new to the sport of rowing, with a more experienced rower within the ERC.

How does the Athlete Mentor Program work?

Athletes who are new to our sport will have a go-to person they can direct questions to, and occasionally hop in a boat with to fine tune their skills (dependent on current Alberta Health Services COVID-19 restrictions).

The Full Time Programs Director will connect a mentor and mentee together. Whether the mentor is there to give tips, or just hold balance, how and when the pair works together is entirely up to them.

New Rowers

Are you a new rower looking for a rowing mentor? Fill out the [ERC Mentor Program Form](#) and the Full Time Programs Director will be in touch to help match you with a mentor.

Experienced Rowers

Are you looking to take on a mentorship role and support a new rower? Fill out the [ERC Mentor Program Form](#) and the Full Time Programs Director will be in touch to help match you with someone requesting a mentor.

You can put up to 10 of your required volunteer hours towards working as a mentor. This is not a coaching position, but an opportunity to give someone the benefit of your skills. It will also let new people to our club experience how friendly and helpful the ERC is! Regardless of the volunteer hour cap, the ERC hopes that the relationship you form with your mentee extends beyond this program.

Questions?

If you have questions about the ERC Mentor Program, contact our Full Time Programs Director (fulltimeprograms@edmontonrowing.ca).