



SUMMER CAMP PROGRAM PLAN 2021

The following is our 2021 Summer Camp Plan. Please note details of this plan are subject to change. Any changes to this plan will be communicated to program registrants via email.

Day 1 Monday	Staff Set Up 8:00-8:30am	<ul style="list-style-type: none"> • Staff arrive at 8:00am and hand-sanitize upon arrival • Set out ERC 'A' frames • Set up 5 tubs/shells on stretchers at the boathouse • Return to the Tank for 8:30am
	8:30-9:00am	<ul style="list-style-type: none"> • Parents/guardians drop off participants at the Tank • Participants hand-sanitize upon arrival • Staff confirm that parents and participants are aware of COVID-19 protocols
	9:00-9:30am	<ul style="list-style-type: none"> • Introductions and icebreakers • Group split into 2 teams for the week: ports and starboards
	9:30-10:30am	<ul style="list-style-type: none"> • Safety orientation and facility walkthrough • Erg and rowing shell introductions
	10:30-11:00am	Ports: <ul style="list-style-type: none"> • At the tank: on ergs Starboards: <ul style="list-style-type: none"> • At the boathouse: in boats on stretchers
	11:00-11:30am	Port: <ul style="list-style-type: none"> • At the boathouse: in boats on stretchers Starboards: <ul style="list-style-type: none"> • At the tank: on ergs
	11:30-12:00pm	Everyone: <ul style="list-style-type: none"> • Safety boats and rowing shells down to the dock
	12:00-12:30pm	<ul style="list-style-type: none"> • Lunch
	12:30-1:30pm	Ports: <ul style="list-style-type: none"> • On water Starboards: <ul style="list-style-type: none"> • Area walk/hike
	1:30pm-2:30pm	Ports: <ul style="list-style-type: none"> • Area walk/hike Starboards: <ul style="list-style-type: none"> • On water
2:30-3:00pm	Everyone: <ul style="list-style-type: none"> • Safety boats and rowing shells up from the dock 	
3:00-4:00pm	<ul style="list-style-type: none"> • Parents/guardians pick up participants • If participants are allowed to leave site without a parent/guardian, this must be indicated in the Emergency Contact Form • Staff clean and sanitize equipment 	

Day 2 Tuesday	Staff Set Up 8:15-8:30am	<ul style="list-style-type: none"> • Staff arrive at 8:15am and hand-sanitize upon arrival • Set out ERC 'A' frames • Return to the Tank for 8:30am
	8:30-9:00am	<ul style="list-style-type: none"> • Parents/guardians drop off participants at the Tank • Participants hand-sanitize upon arrival • Staff confirm that parents and participants are aware of COVID-19 protocols
	9:00-9:30am	Everyone: <ul style="list-style-type: none"> • Safety boats and rowing shells down to the dock
	9:30-10:30am	Ports: <ul style="list-style-type: none"> • On water Starboards: <ul style="list-style-type: none"> • Games
	10:30-11:30am	Ports: <ul style="list-style-type: none"> • Games Starboards: <ul style="list-style-type: none"> • On water
	11:30-12:00pm	Lunch
	12:00-1:00pm	Ports: <ul style="list-style-type: none"> • On water Starboards: <ul style="list-style-type: none"> • Games
	1:00-2:00pm	Ports: <ul style="list-style-type: none"> • Games Starboards: <ul style="list-style-type: none"> • On water
	2:00-3:00pm	Everyone: <ul style="list-style-type: none"> • Safety boats and rowing shells up from the dock • Clean and sanitize equipment
	3:00-4:00pm	<ul style="list-style-type: none"> • Parents/guardians pick up participants • If participants are allowed to leave site without a parent/guardian, this must be indicated in the Emergency Contact Form

Day 3 Wednesday	Staff Set Up 8:15-8:30am	<ul style="list-style-type: none"> • Staff arrive at 8:15am and hand-sanitize upon arrival • Set out ERC 'A' frames • Return to the Tank for 8:30am
	8:30-9:00am	<ul style="list-style-type: none"> • Parents/guardians drop off participants at the Tank • Participants hand-sanitize upon arrival • Staff confirm that parents and participants are aware of COVID-19 protocols
	9:00-9:30am	Everyone: <ul style="list-style-type: none"> • Safety boats and rowing shells down to the dock
	9:30-10:30am	Ports: <ul style="list-style-type: none"> • On water Starboards: <ul style="list-style-type: none"> • Games
	10:30-11:30am	Ports: <ul style="list-style-type: none"> • Games Starboards: <ul style="list-style-type: none"> • On water
	11:30-12:00pm	Lunch
	12:00-1:00pm	Everyone: <ul style="list-style-type: none"> • Safety boats and rowing shells up from the dock • Clean and sanitize equipment
	1:00-3:00pm	Everyone: <ul style="list-style-type: none"> • Capture the Flag
	3:00-4:00pm	<ul style="list-style-type: none"> • Parents/guardians pick up participants • If participants are allowed to leave site without a parent/guardian, this must be indicated in the Emergency Contact Form

Day 4 Thursday	Staff Set Up 8:15-8:30am	<ul style="list-style-type: none"> • Staff arrive at 8:15am and hand-sanitize upon arrival • Set out ERC 'A' frames • Return to the Tank for 8:30am
	8:30-9:00am	<ul style="list-style-type: none"> • Parents/guardians drop off participants at the Tank • Participants hand-sanitize upon arrival • Staff confirm that parents and participants are aware of COVID-19 protocols
	9:00-9:30am	Everyone: <ul style="list-style-type: none"> • Safety boats and rowing shells down to the dock
	9:30-10:30am	Ports: <ul style="list-style-type: none"> • On water Starboards: <ul style="list-style-type: none"> • Ergs
	10:30-11:30am	Ports: <ul style="list-style-type: none"> • Ergs Starboards: <ul style="list-style-type: none"> • On water
	11:30-12:00pm	Lunch
	12:00-1:00pm	Ports: <ul style="list-style-type: none"> • On water Starboards: <ul style="list-style-type: none"> • Games
	1:00-2:00pm	Ports: <ul style="list-style-type: none"> • Games Starboards: <ul style="list-style-type: none"> • On water
	2:00-3:00pm	Everyone: <ul style="list-style-type: none"> • Safety boats and rowing shells up from the dock • Clean and sanitize equipment
	3:00-4:00pm	<ul style="list-style-type: none"> • Parents/guardians pick up participants • If participants are allowed to leave site without a parent/guardian, this must be indicated in the Emergency Contact Form

Day 5 Friday	Staff Set Up 8:15-8:30am	<ul style="list-style-type: none"> • Staff arrive at 8:15am and hand-sanitize upon arrival • Set out ERC 'A' frames • Return to the Tank for 8:30am
	8:30-9:00am	<ul style="list-style-type: none"> • Parents/guardians drop off participants at the Tank • Participants hand-sanitize upon arrival • Staff confirm that parents and participants are aware of COVID-19 protocols
	9:00-9:30am	Everyone: <ul style="list-style-type: none"> • Safety boats and rowing shells down to the dock
	9:30-10:30am	Ports: <ul style="list-style-type: none"> • On water Starboards: <ul style="list-style-type: none"> • Games
	10:30-11:30am	Ports: <ul style="list-style-type: none"> • Games Starboards: <ul style="list-style-type: none"> • On water
	11:30-12:00pm	Everyone: <ul style="list-style-type: none"> • Safety boats and rowing shells up from the dock • Clean and sanitize equipment
	12:00-3:00pm	Picnic and games at Laurier Park
	3:00-4:00pm	<ul style="list-style-type: none"> • Parents/guardians pick up participants • If participants are allowed to leave site without a parent/guardian, this must be indicated in the Emergency Contact Form